



WEDNESDAY, JANUARY 14, 2026

Here's Where to Find the Peace That Passes All Understanding

Original Talk Date: November 25, 2015

Key Lesson:

Part 1: If it is our wish to touch what is whole, to be touched by what is holy... then we must stop "reaching" (for it) and start being the seeing that is already the whole of us.

Part 2: We cannot "make" things whole any more than the moon makes itself full by its own light. Rather our work is to serve as a witness to life's ceaseless, concurrent appearance of fullness and emptiness and, by so doing, to unite (within us) the awareness of Timeless consciousness with the experience of its own creations living in time.

Talk Takeaways

- Why is it so hard for human beings to be at peace with themselves, when everything else in nature is at peace with what it is?
- Being at peace has nothing to do with doing something to get to peace. It has nothing to do with thinking about yourself or measuring yourself against spiritual principles.

- Being at peace with yourself is when everything that needs to be done is done, and then you don't need to think about what else to do. When you are at peace with yourself, there is nothing more that needs to be done.
- Even what we call practical actions are often not practical because they are part of what we think we must do in order to be at peace. Nothing that you are compelled to do can ever produce peace.
- The mind tries to find a final, static solution to the disturbance it doesn't want. No such final solution exists for the level of self that seeks it.
- All you really have as a human being is your understanding. Everything else that you have given yourself disappears as conditions change.
- You cannot produce peace for yourself. The self that seeks it destroys the very thing it's looking for. Peace belongs to another level of ourselves that we presently have no relationship with.
- A mirror is a perfect possibility as it reflects everything that comes in front of it, regardless of its nature.
- You will never know a pain, a joy, or a love that isn't already a part of your consciousness.
- Thinking about yourself creates the illusion that there is self that does not have peace, and therefore it must search for the peace that is missing.
- Within and above simple awareness exists another awareness, whereby we can be aware of the nature that is not aware of itself.
- The appearance of a disturbance seems to suggest that there is a "you" that is separate from the thing that is disturbing you.
- The more you try to fix yourself, the further away you get from freedom, because the self that you are trying to fix is an illusion.
- There is a higher level of awareness that encompasses the opposites. It is a witness to the opposites. Peace belongs to the witness of the opposites. Conflict is one opposite attempting to reconcile the other.
- Life is always trying to show you something about yourself so that, in that seeing, you can lay yourself down in favor of the peace that comes with

ceasing to be a divided human being.

- The awareness of the disturbance is the reconciling force.
- "Then answered Jesus and said unto them, Verily, verily, I say unto you, The Son can do nothing of himself, but what he seeth the Father do: for what things soever he doeth, these also doeth the Son likewise." -- New Testament
- There is a completely different order of peace when it is understood that the observer and the observed are not separate things.
- Any sense of self that appears to resolve a disparity is the continuation of the disparity.