



SUNDAY, FEBRUARY 1, 2026

Awaken the Will of the Divine and Watch Painful Desires Drop Away

Key Lesson #1: Giving yourself empty things to do can't fill the emptiness you feel inside, so...risk leaving that space empty; allow it to be filled with something you can't give yourself: freedom from the fear of feeling empty.

Key Lesson #2: The will of a desire doesn't exist without the object it desires to obtain, whereas God's will has no separate object; Divine love has no object apart from subject.

Key Lesson #3: The 10 Commandments expose the little-realized fact that we are not free simply because we can choose...but rather we choose according to the nature we serve. And, that as we are awakened to see the truth of our complicit relationship with a lower nature - whose bidding has become our will - in that same moment we will know, without having to take thought, not to identify with it.

Key Lesson #4: Our true spiritual task is not to use our will to obey God, but rather - by the grace of God's will - to see how we are ruled by the will of an unconscious desire; and where, for seeing this as true...to deny that will, along with whatever parts of us still depend on it for our familiar sense of self.

Key Lesson #5: Blessed are those who agree to drink from the "bitter cup" because as it empties to reveal its secret sweetness...the whole of life takes on that quality.

Talk Takeaways

- "We shall not cease from exploration, And the end of all our exploring Will be to arrive where we started, And to know that place for the first time." -- T. S. Eliot
- A paradox is understood when seemingly irreconcilable opposites are seen as complimentary.
- One question that we never ask ourselves: "If I do something that I regret, why does it seem like that action was the only choice in that moment?"
- When we take actions that we later regret, we are caught up in something that we believe is 'I', and we never question whether or not that will is our own. Would we consciously choose with our own will to hurt ourselves or others?
- We are rarely aware of the pain. Rather, our attention is taken by whatever the pain points to in order to resolve the conflict it feels.
- The desire of the moment is always looking to protect and complete itself.
- What we call "free will" is some form of a reaction that is inseparable from what feels threatened in that moment.
- No matter how much you acquire, it will never be enough because desire itself is insatiable.
- The deeper purpose hidden in the 10 Commandments is to reveal the desire-nature that we presently serve.
- When it becomes clear to you that something is choosing for you, then you will have a different relationship with that nature.

- "Wherefore come out from among them, and be ye separate, saith the Lord, and touch not the unclean thing; and I will receive you." -- New Testament -- What we want to "come out from" is the legion of 'I's that we presently identify with.
- We cannot set ourselves free, and yet pretty much all we think about is how to set ourselves free. The mind is always trying to figure out how to free itself from what it has created.
- Desire hides itself behind the temptation to become something in a time to come in order to find completion.
- We sit in judgment of others because it gives the desire-nature the sense of self that it needs for its own continuity.
- Make it your aim to NOT be whatever the desire-nature tempts you to do and become according to its will. Stop being the unconscious instrument of that will.
- Agree to be what you are made to be. Agree to do what you are meant to do. Share in the peace of perfect accord. Perfect accord is a nature that seeks nothing outside of itself in order to be whole.
- "But be ye doers of the word, and not hearers only, deceiving your own selves." -- New Testament