



WEDNESDAY, FEBRUARY 4, 2026

Enter the Secret Shelter in Every Storm

Original Talk Date: February 1, 2017

Key Lesson: Part 1: Between a reaction and our response (to it), we must find the will to repose. Without being able to enter into the timeless space between what stirs us, and what it reveals within us, it's likely that what we see as a wise choice (in that moment) will prove itself an action born of some ignorance yet to be realized.

Part 2: Knowledge doesn't exist without the past, while Wisdom has no past.

Talk Takeaways

- If you really understood the value of wisdom, you would sell all for it.
- There is a part of you that believes it already has wisdom. What do you know when an unwanted moment comes along and you are carried away to an unknown destination? Where is the wisdom in those moments?
- Presently, the shelter that we run toward during a storm is made out of the imagination of a time to come in which the storm will no longer affect us.
- Before you can go through something -- like a storm -- you have to go into it.
- We live in a world that is no bigger or smaller than your level of understanding of it.
- The more you think you know what has happened, the less you know.
- Wisdom is the instantaneous understanding of what needs to be done, without thought. Everyone has equal access to this wisdom.

- A person in the grip of ignorance believes that he or she is acting intelligently.
- False certainty blinds us to what is actually there, to what is actually happening.
- Negativity is blind, and can see nothing other than what it thinks is responsible for the pain it is experiencing.
- The more you do to try to escape from an anxious state, the more you are unconsciously identifying with it, and strengthening the belief that the condition is responsible for the anxiety.
- The condition itself is not the cause of the conflict we feel. The condition is the continuing outcome of a misunderstanding about the conflict.
- Presently we do not know what to do with storms other than to try to resolve what we are blaming the storm on.
- We may be able to temporarily repair the conditions that are part of the storm, but the consciousness that is responsible for the storm goes on and on.
- Conditions in passing time reveal the content of our consciousness.
- No reaction can produce change. Reactions can only drive the conditions that produce them.
- Reactions cannot see or understand that the moment has not come to challenge us, but to change us.
- Just like the light contains the full spectrum of colors, each moment contains the full spectrum of possibilities.
- The disturbance is necessary. There would be no creation without disturbance. What is disturbed is part of a greater plan of reconciliation between Heaven and earth.
- If there is no intelligence in reactions, and reactions determine your choices, then there is no intelligence in your choices. It is not "you" that is making the choice.
- Wisdom knows the right answer to the conditions that it has brought about in order to reveal itself to you.