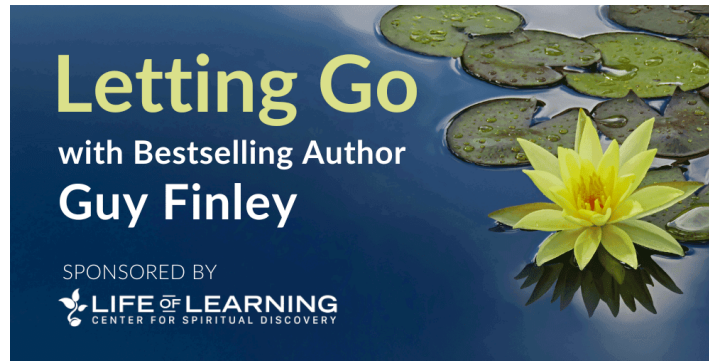




SUNDAY, FEBRUARY 22, 2026

Go Beyond the Pain of Becoming and Leave Fear Behind You

Key Lesson #1:

I will be with you until the end of time, but if you look for me in (passing) time, you will not find me there.

Key Lesson #2: Words are useless in a storm, so why not throw them away? Now is the only right time, not to mention it's the only real shelter there is; its harbor is always safe, regardless what is reflected in and upon its shining waters.

Key Lesson #3:

Be what you are made to be.

Do what you are meant to do.

Share in the peace of perfect accord.

Key Lesson #4: Faith is never about some kingdom to come, by whatever its imagined name; rather (it is) the abiding peace found only in our time-tested conviction the Kingdom is come.

Talk Takeaways

- We go looking for a way to save ourselves from a nature that creates the very thing that we suffer over.
- We are intended to live within the immensity of God's life. We are drawn to that immensity because everything else pales in comparison.

- Something within us is terrified of disappearing, of not being able to find itself in passing time.
- In the story about the "Success Club", the woman who was reticent to share her thoughts said, "What I want to be is free of the pain inherent in being anything other than what God wants me to be moment to moment."
- The nature that is always trying to fix everything will never be satisfied no matter how many times you jump through its hoop.
- We believe that it is possible to satisfy fear by doing what fear tells us to do.
- The moment that you imagine something you must have in order to be content, there is fear that you will not be able to obtain it.
- There is the possibility of a life in which you never again have to strive psychologically in order to prove yourself.
- The reason that you worry about what others think about you, is because you have been convinced that you are not enough as you are.
- The pain seems to be because of what life is denying us, but it is we who deny life without knowing it.
- You never meet a moment of fear that doesn't exist outside of what you think must happen in order to be free. Your fear does not exist outside of your idea of freedom.
- The mind is not the author of order, and it cannot restore order. Rather, the mind is inside of order. When the mind understands that it is in that order, it knows that there is nothing to restore.
- To see the mind imagining a time to come is the beginning of seeing a mind that is out of order.
- No moment can be anything other than it is. This moment is all there is. But the mind sees the moment as a threat to what it has imagined itself to be.
- You are afraid of being what you actually are because it does not match what you think you are supposed to be. You were made to lay down anything that tells you that it is not enough to be what you actually are.
- Instead of struggling to become, see what happens if you will BE what you have been given to be.