



WEDNESDAY, MARCH 18, 2026

Stop Useless Self Talk From Stealing Your Life

Original Talk Date: March 15, 2017

Key Lesson: It is impossible to hear the "Voice of Heaven" -- to be in any level of communication with real conscience -- and to be talking to yourself at the same time.

Talk Takeaways

- No thought by itself can sustain its force without emotion. There is a difference between being present to a "feeling", and being carried away by an "emotion".
- In talking to ourselves we are able to convince ourselves that what we are thinking about is important, which therefore makes us important.
- Feeling is the only way in which an individual learns. A true feeling is a marriage of the opposites, when the observer is the observed. When the observer and the observed are one, then there is meaning.
- The reason that you don't learn is because you tell yourself the lesson.
- The true feeling of the presence of the Divine IS the presence of the Divine. In the feeling, we can know something of the Will of the Divine.
- The Will of the Divine IS the presence of the Divine, and it sustains everything in existence.
- What you are looking for is on the other side of yourself. It cannot be reached by the present self that is so dissatisfied with life. It requires a journey of negation.

- Anyone who compares their life to anything at all will never know anything Celestial.
- The punchline of the skit with the two friends on a camping trip was: "Since the moment we started our hike, you have not stopped talking even once... Even when I told you to turn around and watch your step."
- "Can the blind lead the blind? Shall they not both fall into the ditch? The disciple is not above his master: but every one that is perfect shall be as his master." -- New Testament
- The "blind" refers to individuals who are puffed up with themselves, who cannot see past their own pride. It is the divided nature that cannot see that it is blind.
- You think you can see because something is talking to you, telling you what you see. But what you see is what is talking to you.
- Three conditions that must be met in order for you to act against yourself: 1) You have to be identified with a negative emotion; 2) You must also agree with the thoughts that are justifying that emotion; and 3) There must be parts of you that are unaware of what you are doing to yourself.
- In order to escape detection, the blind nature must keep you from considering the possibility that the thing that is talking to you is preventing you from seeing.
- The moment of identification is the same as the moment of blindness. You cannot feel when you are identified.
- You are blind in the moment that you allow something to tell you the meaning of the moment.
- You will stop talking to yourself when you see that the purpose of what is talking to you is to blind you, and to get you to follow it.
- You never see the meaning of the moment. You see what the moment means to the nature that defines it. That is what blindness is.
- A part of you is always telling you something in order to mitigate a fear, and it never does anything except ensure that the fearful nature continues.
- Presently we do not see what is talking to us; rather, we see through the eyes of what is talking