



SUNDAY, MAY 10, 2026

Step into the Liberating Truth of a Life Beyond Comparison

Key Lesson #1: Is not the whole world being reborn every moment?
Why not just step up, and go in...
There's no waiting list.

Key Lesson #2: To see there is no end to the changes taking place within and around you - into which you too have been gathered there - is to begin to know your part in them. And as you come to know your lines by heart, it's no longer a question of how to play your role in Life...as it is just learning the best way to roll along with it. Stop waiting to let go, and let the flow of real Life take you where it will.

Special Writing: A Special Teaching Story: Rolling, Rolling, Ever-Rolling On
https://gfmisc.s3.amazonaws.com/20260510_specialwriting.pdf

Talk Takeaways

- If the Kingdom of Heaven is within, then there is no distance between you and the Kingdom, and it takes no time to get there. Whatever is keeping you from knowing that must be something that sits outside of the Kingdom.
- It is impossible to resist "what is" without there being within us some unseen presence of a fixed position that is already in place. There cannot

be a struggle with "what is" without the presence of something that is fixed.

- We are so easily disturbed because we are living in an imagined heaven. Our experience is hell whenever life interferes with our imagined heaven.
- The mind is always trying to figure out what it must acquire or get rid of in order to be at peace. But there is no peace in becoming.
- We think real life is what we think. For that unconscious nature, the more thinking it does, the more real it feels.
- The purpose of the mind's movement is to save itself from the experience that comes as the result of its own activity.
- Fear cannot be separated from a nature that is constantly comparing "what is" with what "should be" -- comparing what we have with what we want. Fear always attempts to preserve what it fears losing.
- Comparison has its place and its practical application. But psychological comparison is the source of all dissatisfaction. The mind is perpetually measuring everything it comes into contact with.
- Until you can see the whole machinery of this unconscious nature, there is no way you will be able to see that you cannot free yourself.
- What we commonly call a permanent 'I' is always changing in relation to the corresponding changing conditions.
- We are looking for permanence in a place where no permanence exists: within the movement of life that is always in transition.
- What if no time to come can bring an end to the disturbed sense of self that always imagines a time to come in order to keep itself going?
- If you see the futility of all known actions you take to become free, then your new task is to remain inwardly still enough to see what is revealed through non-action. This non-action is the highest form of action, because it is in perfect accord with "what is."

- There is nothing more for you to do and be other than to just be present. What you will see when you are present is what prevents you from being present so that it can live.
- Learn to use the pain of resistance as a call to realize and release the tense sense of self. Learn to see the machinery instead of identifying with it. Watch as the machinery wants to continue "becoming."
- The thought that you had that you are tortured by has already disappeared around the bend.
- The spiritual path is the path of expiration: the end of the self that lives by comparing itself to what it believes it is separate from.
- Anything that you are attached to, you are desperate to keep in place. "Love" born of attachment is a secret form of self-worship.
- The flow of real Life will show you that there is no end to the journey.
- Make understanding the nature of fear your first response, rather than serving fear by trying to answer it.