



WEDNESDAY, JUNE 17, 2026

Make This Your First Action and Be Forever Free

Original Talk Date: June 28, 2017

Key Lesson:

Part 1: Only complete action on our part has the power to teach us, completely, those lessons that real Life would have us learn.

Part 2: Regardless of circumstance, our first action must be to give our complete attention to all that we are being given to see, and to be... accordingly. This is how we realize the Good: the all-at-once justice and mercy that lay hidden in every moment of time.

Talk Takeaways

- There is no creature in nature that is not connected to every other creature, all bound by a single awareness, one creation under nature.
- Everything is better without tension. A simple idea, but one that offers profound possibilities.
- It is possible to live under a completely different set of laws, to literally belong to another order of your own being, which is represented by the idea of the soul.
- Try being a little more watchful, and a little less resentful.

- The kingdom that you live in cannot be separated from the consciousness that reflects it, in any world.
- Learn what it means to "own the moment," instead of allowing the moment to own you. You are owned by what you unconsciously give your attention to.
- Learn to own the moment and all that it reveals if you want that same moment to reveal to you all of your highest possibilities.
- In the story of the kidnapped princess, the knight whispered into the evil creature's ear, "I can see the good in you."
- It is a law that one day you will be required to meet what you currently do not want to see about yourself.
- Everything that you do that hurts you is the product of trying to escape yourself.
- You are going to continue to meet what you don't know about yourself until you are willing to see it and allow the revelation to do what it is intended to do, which is to change you.
- You are never going to escape your nature because God wants you to transcend it, so that what is out of balance can be brought into balance.
- Learn to see that everything that happens to you is for the good of who you really are.
- The mind that divides the world up into good and bad will always find what it needs in order to validate its conclusions.
- The part of you that is bothered does not want to escape from what is bothering it. It can't exist without resisting what it is bothered by.
- Hating the moment that reveals you to yourself is the same as despising the Divine that gives you the opportunity to transcend that nature.
- To see the good of the moment means that you see the whole of it.
- The reaction that you identify with separates you from the moment that it judges.
- Goodness does not harm anyone. Goodness helps us see what in us does not want to be helped.