



WEDNESDAY, JULY 8, 2026

Escape the Prison Called “The Path of Least Resistance”

Original Talk Date: July 29, 2015

Key Lesson: No one can be made stronger that doesn't first agree to meet one's own weakness. No one can become wiser without first agreeing to meet one's own ignorance. But the fact of a transcending strength and wisdom is only proven in the face of weakness and ignorance; which means running away from any painful limitation is the same as agreeing to live as its prisoner. Never forget this one last fact: left unattended, weakness and ignorance grow stronger by themselves.

Talk Takeaways

- "Neither a borrower nor a lender be; For loan oft loses both itself and friend, and borrowing dulls the edge of husbandry." -- William Shakespeare -- When you borrow a sense of self, you don't know that you are doing it because it feels like it is you.
- The Divine has already sent the help that you have asked for, which you would see if you were capable of being in relationship with the whole. What you need is not the same thing as what you want.
- The reason that we can't hear the Divine is because there is an absence of humility. Weakness and ignorance hides between an arrogant sense of self.

- Connect the idea of "running in debt" with the "path of least resistance."
- The nature that presently governs your life will eventually run into something that challenges it, and it will inevitably take the path of least resistance.
- Learning to not take the path of least resistance is the same as finding the easy way, and the easy way is the discovery that what you thought was the hard way was in fact the Way Itself that was prepared for you.
- Every last explanation for the way that you are, is the voice of what has taken the easy way. It is what runs into resistance and is turned by it.
- There is no humility in defending or explaining yourself.
- We so easily find anything else to do other than meet the moment in which resistance reaches its fullest point. It is where resistance meets its fullest point that humility exists.
- When the time comes to observe yourself or meet a challenge, something in you will come up with a thousand other things to do.
- Defending and explaining yourself is the belief that "you" have done something, when "you" have done nothing at all. You think "you" are doing something whenever you argue.
- Why does something in you have to explain to you what you are experiencing?
- You begin to be able to "do" when you see the resistance that you meet whenever you set out in any right direction.
- "But I say unto you, That ye resist not evil: but whosoever shall smite thee on thy right cheek, turn to him the other also." -- New Testament -- Do not oppose what opposes you.
- When you don't take the path of least resistance you are left with yourself exactly as you are.
- The miracle occurs at the point at which you recognize that you can go no further as you are. That is the point at which God shows you that your prayer has already been answered.

- Essence is intended to be developed in this life. Because we take the path of least resistance, essence is never developed. Instead, personality develops.
- There is something beyond you. When you take the path of least resistance, you are following you, and therefore you cannot know that there is something beyond you.
- When you change, then so does the world in which you live. But only God can make that kind of change in you.