

SUNDAY, MARCH 1, 2026

12 Special Prayers of Thanks to Help Illuminate and Liberate the Willing Soul

1. Thank you, Father, for opening my eyes to see...I am never more blind than when all I see is who or what is to blame for my pain.
2. Thank you, Father, for opening my eyes to see...I am not the only one who suffers.
3. Thank you, Father, for opening my eyes to see...I'm the last person on earth that should be telling others where to look for peace, let alone how to get there.
4. Thank you, Father, for opening my eyes to see...that to look away from any painful reaction only ensures I will get to see it again.
5. Thank you, Father, for opening my eyes to see...the only thing that rushing does is strengthen the illusion that there's some place more important to be than where I am.
6. Thank you, Father, for opening my eyes to see...that how I say something to someone is more important than what I say to them.
7. Thank you, Father, for opening my eyes to see...that enabling friends, family, or strangers alike is not the same as having compassion for them.
8. Thank you, Father, for opening my eyes to see...that "more" is never enough.
9. Thank you, Father, for opening my eyes to see...there are parts of me so hungry for attention they can't be bothered to look at who, or at what is feeding them.
10. Thank you, Father, for opening my eyes to see...that in the moment just before I'm about to go over a waterfall, retrospection is useless.
11. Thank you, Father, for opening my eyes to see...that without your Light I live in a world of darkness I know not, let alone what I do within it.
12. Thank you, Father, for opening my eyes to see...there is only one way to heal the lingering pain of any past regret, and that is to live in the light of the Presence moment.