

SUNDAY, MARCH 29, 2026

Catch These 21 Fly-By "I's" Before They Capture You

1. Punishing I
2. Demanding I
3. Appeasing I
4. Righteous I
5. Resistant I
6. Defensive I
7. Fearful I
8. Resentful I
9. Anxious I
10. Calculating I
11. Judging I
12. Coveting I
13. Lethargic I
14. Impatient I
15. Rageful I
16. Selfish I
17. Indignant I
18. Self-loathing I
19. Regretful I
20. Aggressive I
21. Suspicious I

Add your own fly-by "I's" to this list, or make your own. For extra benefit draw connecting lines between the various "I's" that correspond to one or another, or that tend to show up in support of each other.