



SUNDAY, FEBRUARY 14, 2021

Use the “Power of Patience” To Transform Any Painful Relationship into a More Loving One

Key Lesson: Much as a jeweler uses his grinding wheel to remove any rough edges remaining on an otherwise perfect gem, so all of our relationships are designed to help “polish” one another’s heart...that they might more perfectly reflect a higher order of Love whose power helps heal all involved.

Talk Takeaways

- Life is relationship, and it is love that oversees every kind of relationship.
- Healing has to begin with us, not with getting someone else to heal.
- Our impatient negative reactions can be transformed into a healing force by the higher love that cannot compromise itself.
- In this world, might makes right, which is justified by the lower level of consciousness that believes it needs to coerce and control others.
- The world is in a ceaseless race to escape its own unconscious reactions.
- If might doesn’t make right, then patience makes light. This is an understanding that belongs to a completely different level of consciousness.
- Whenever we have a reaction, a part of us immediately sees what is responsible for the reaction. But it is not “we.” It is a mechanical level of consciousness that presently commands human beings.
- When we feel hate, fear, worry, and other negative states, it is the lower level of consciousness attacking itself.

- We don't usually know what to do with pain other than find someone or something that can be blamed for it. The only thing that holds us captive is misunderstanding the reason for the pain.
- The original meaning of the word "patience" is connected to suffering yourself. Patience brings light into the consciousness that is asleep. "In your patience possess ye your soul."
- There is no end to the appearance of what is holy and light. There is no final destination at which we will arrive and be free. Light, freedom and revelations of yourself is Now and always.
- Love is what allows us to see that what we are serving has no love in it. Perfect love casts our fear. Fear doesn't know anything about love.
- Instead of going into the moment wanting to change the other person, go into it wanting to learn something about yourself. Learn to use moments so that you leave the moment a different order of human being.
- The person that is hurting us, psychologically and spiritually speaking, is in more pain than we are in the moment they interact with us.
- There are no rules or scripts in real relationships. Relationships become painful because of rulebooks, laws, expectations, scripts and demands.
- Practice fearless patience. Let it be the first thing for you as you bear the revelation of yourself in your relationships.
- Patience is not tolerance. Tolerance is arrogance.
- Each moment has been specifically designed so that our nature that is responsible for our experience of the moment can be revealed.