



WEDNESDAY, NOVEMBER 24, 2021

Shatter the Painful Illusion of Self-Limitation

Key Lesson: Part 1: Our spiritual possibilities in this life are as endless as is our willingness to intentionally meet, and then consciously work through whatever limitations we may discover along the Way.

Part 2: Real life is not a "win or lose" proposition, but rather (it is) a Divinely ordained, ceaseless process of discovering new possibilities already within us...that wait to be realized on the other side of our unconscious resistance to them.

Talk Takeaways

- When we are in pain, physically and/or psychologically, there is usually no awareness of anything other than that pain.
- There can't be any healing for us as individuals as long as we are fooled by ignorance that continues to pass itself off as wisdom.
- A conscious human being will not hurt him or herself.
- The entire concept of "getting through a moment" is ultimately fueled by fear of seeing ourselves as we are.

- Any character that has developed over time, that dwells in the dark of us, is set against us and everyone we meet as long as it remains in ignorance of itself.
- There is no discovery of a fact about ourselves that should produce shame. The shame is an extension of the lower level of consciousness that resists being revealed.
- Evil is anything that separates you from the possibilities that the Divine has endowed you with.
- Reincarnation could be described as taking the path of least resistance over and over again.
- Where are the areas in your life where you understand that there has been a limitation of some kind that you haven't understood, which means that the possibility of your growth has been stunted?
- There cannot be resistance to seeing what you actually are unless something is telling you what you are.
- The lesson in any moment is always "will you meet this limitation."
- The exercise is to take the words "I can't" and throw them into the trash where they belong.
- Instead of letting pain tell you about your possibilities, explore the possibilities in the pain.
- There is no final destination on the spiritual path. That is one of the great misunderstandings.
- There is no love in comparison. Fear of not being loving enough is part of a consciousness that is measuring itself. Real love has no thought in it at all.