



WEDNESDAY, DECEMBER 15, 2021

Entrance into the Peace that Passes All Understanding

Key Lesson: There are no shortcuts to stillness. There is no trying to be empty; with almost no exception, effort is ambition...and though it is full of becoming, it is empty of Being. The darkness of (spiritual) emptiness is inseparable from the Light of awareness by whose grace we are given to see the unthinkable: it is impossible to fill ourselves.

Special Writing: "The Cup Always Empties Itself"

https://gfmisc.s3.amazonaws.com/20211215_specialwriting.pdf

Talk Takeaways

- Stillness, peace and genuine security cannot be created by the mind. The peace that passes all understanding dwells in another order of our being that is beyond the intellect.
- The return journey to our spiritual home cannot be separated from the realization that you cannot fill yourself. Nothing that you fill yourself with will free you.
- The condition that is blamed for the way you feel is actually the teacher that helps reveal the consciousness that is the root cause of your experience.

- Meeting moments as the same person guarantees that you will have the same experiences.
- Real spiritual discoveries involve the whole of the person: heart, mind and body.
- The consciousness that chases after something that it believes will free it is actually building its own prison.
- The consciousness that says it wants peace does not really want peace. It wants to continue seeking after peace so that it can know itself as the seeker of peace, which is a conflicted sense of self.
- A fact about yourself is only difficult to face for the part of yourself that prefers to live in fantasy. The medicine is bitter, but it heals.
- We will never find genuine peace as long as we are identified with a mind that cannot come to a stop.
- The consciousness that tries to fill itself must keep trying to fill itself so that it avoids the discovery that it cannot fill itself.
- If you empty the cup that you have heretofore been trying to fill, then the Divine will never stop filling it.
- Catch yourself trying to fill yourself. Discover what will happen when you stop trying to fill yourself.
- The clarity of the revelation is what changes the consciousness that is revealed.