



WEDNESDAY, DECEMBER 22, 2021

Cultivate Conscious Self-Doubt and Stop Arguing with Life

Key Lesson: Part 1: No matter what direction you may find yourself turned in at the outset of any given moment, just be sure that before you start walking nothing negative guides your footsteps...or you will never find your way back Home.

Part 2: One of the greatest enigmas every true aspirant must meet -- and eventually transcend -- in their search for self-realization, is the following: the uppermost path that leads to perfect certainty begins with learning how to welcome Divine self-doubt.

Talk Takeaways

- False certainty, uncertainty, and real certainty are the inevitable stages that an aspirant must go through on the spiritual path.
- False certainty leads to misguided actions.
- We want certainty because our consciousness is uncomfortable with anything that is unfamiliar that does not confirm its perceived status quo.
- False security can be taken from you at any time. Real security cannot be taken from you

- Spiritual self-doubt sows the seed of the negation of false certainty. There is a divine order of doubt and uncertainty that shows us what no longer works in our lives.
- "Only the descent into the hell of self-knowledge can pave the way to Godliness." -- Immanuel Kant
- What you think you know, you do not. And you can't know the real obstacle between you and the Divine until you realize that.
- It is the false knower that resists anything that threatens the image it has of itself.
- The truth that sets us free reveals to us that we are the captive of a level of consciousness that does not want the truth.
- You cannot love the truth that sets you free and agree to turn into an angry, frightened human being when anything challenges what you believe is true.
- Whatever is true in scripture is first and foremost true in you.
- There is no such thing as psychological pain without something within us passing itself off as the knower of truth.
- Knowing what other people should be doing with their lives is really a secret form of narcissism.
- False certainty and self-defensiveness go hand in hand. What is false cannot be defended. What is true needs no defense.
- Start seeing where false certainty speaks for you, whereby you have unknowingly handed yourself over to the level of consciousness that needs something outside of itself to confirm itself.
- It is when you and I change that creates the conditions that allow others to change.