



WEDNESDAY, DECEMBER 29, 2021

Wake Up and Welcome the Dawn of a Fearless New You

Key Lesson: Only as we dare to explore and understand the nature of fear - including how it projects and protects its prison-like boundaries - only then will we see its illusion fall apart, and begin to quietly disappear.

Talk Takeaways

- We are not intended to live within and behind any kind of walls that limit our right to explore all of our celestial possibilities.
- We unconsciously identify with, and become captive of, self-constructed boundaries that are imagined by our consciousness.
- Our ideas, beliefs, and opinions are a kind of construction of an unconscious nature that prevents unfettered self-exploration.
- Negative reactions create a wall, a boundary between ourselves and rescuing ideas.
- We become captive of an unseen condition that is active in our consciousness through our passivity to its activity.
- We are intended to realize that consciousness and, through that realization, successfully transcend whatever it presents as being a prison for the moment.

- There is no psychological fear that isn't made in our own image.
- What we fear does not exist without some fearful nature in us to substantiate it, born from our memories that we don't know are there until certain conditions trigger, in that unconscious nature, the corresponding reaction to that moment.
- New word: "Re-Memor-Act!" It is the marriage of the word "memory" with "reaction." Memory comes preloaded with unconscious reactions and corresponding sensations of that level of consciousness that first created the memory.
- Memory holds within it all of the reactions that transpired the first time the event occurred because it was never allowed to complete itself as intended.
- Fear makes everything impossible, because it always measures the wish to explore against the consequences of not living up to what we imagined we should find to confirm ourselves.
- Exercise: I want to know what's on the other side of my fear. As long as we remain on the side of the consciousness that creates and sustains our pain, the beast of the past, we will live in the past as a creation of it. You're invited to explore and go past the boundaries of your life. Release the sense of self that is born of that Re-Memor-Act and be present enough to realize, "Something is not quite right here. I am looking at an image, a memory made of myself by myself, made in my own image."
- Never turn your back on any implied fear or threat, but turn and look at its face. Look directly at the boundary, stand as an impartial witness and you will see the illusion fall apart. The whole consciousness that was our captivity disappears into a new order of understanding that cannot be made a captive of anything.