



SUNDAY, MARCH 6, 2022

How to Shatter the Painful Illusion of Self-Limitation

Key Lesson: Coming to realize any limitation in our consciousness is not the denial of our passage into and through whatever may be the next stage of our inner development; all such revelations along the Way are, in fact, the threshold of an invisible door that – if we will but dare to stand there – knocking on it – never fails to open, revealing a secret entrance into the next level of our own endless possibilities.

Special Key Lesson: Resistance to any given unwanted moment is a revelation that you still have unfinished business with the Divine.

Talk Takeaways

- If you are going to be skeptical, then be skeptical about the inevitability of the pain and suffering that comes with struggling against the world.
- There is useless struggle, and then there is useful struggle. The proper kind of useful struggle is to peer into yourself so as to discover the truth of yourself.
- We are captives of our ideas about what it means to be free.
- Freedom cannot be separated from the willingness to accept what life is showing us about ourselves. Without acceptance of revelation there is conflict.

- "The antidote is in the venom," which is the same as saying that the peace is in the disturbance.
- Being released from the old life cannot be separated from the beginning of new life.
- Adding more to yourself, either physically or psychologically, does not change the desire to keep adding more to yourself.
- What is created in time is always acted upon by a timeless Will.
- When what is active acts upon what is passive, a resistance is produced that through awareness can be used for its higher purpose.
- Any moment is inseparable from your perception of it. In other words, your perception of the moment is the moment.
- Resistance is a requirement in any kind of transformation or rebirth, physically and spiritually.
- Limitation is not-wanting the natural action of life, which includes natural resistance and the accompanying revelation.
- A new relationship with life requires a new relationship with our own consciousness, which already includes the seed of that new relationship.
- Learn to use the moment of resistance in a new way. Resistance is unfinished business. Humanity has unfinished business with the Divine.