



WEDNESDAY, MAY 25, 2022

How to Invite the Light of God to Help Set You Free

Key Lesson: It is impossible to resist a revelation, and serve its Divine purpose at the same time

Talk Takeaways

- There is no such thing as a bad fact about yourself.
- What do we do when we don't want to see something about ourselves? The consciousness that resists immediately formulates a lie in order to protect itself from what it has just been shown about itself.
- "The unexamined life is not worth living." ~ Socrates
- Judging yourself is not the same as observing yourself for the purpose of revelation. Judging yourself is separating yourself from the thing being observed. Self-judgment is a lie of an unconscious nature.
- Real self-examination is perfectly impersonal. "He maketh the sun to shine upon good and evil alike." If it's personal, that means I have a stake in it and can't possibly see what I need to see about myself.
- Lying requires ceaseless justification by the consciousness that we mistakenly believe is a conscious individual.

- We lie to hide an unwanted aspect of our own consciousness that we don't know we live with that impacts our life negatively.
- You cannot lie to another human being without having first lied to yourself.
- Every lie is rooted in an unconscious attempt to reconcile a conflict in our consciousness, where a self-image has been challenged by an event.
- The root of the pain in your life is not what the lower consciousness points to. The root is that the consciousness is in a state of conflict with anything that comes to reveal it.
- Authentic humility is connected with the capacity to receive revelations about yourself.
- If we are all just flies caught and struggling in a web of lies, then who is the spider?
- There is no moment that can challenge who you really are because the real nature of every moment is an interaction between eternal and timeless influences acting upon the world of time.
- The mind that feels hopeless about the world has lied to itself, saying that it is separate from the world that it judges.
- The next time you feel a contraction and the need to defend yourself, voluntarily agree to submit yourself to an "i-detector" test. Understand the necessity for being present in the moment, using the awareness of your body, emotions, and sensations to understand that the 'i' that has appeared is a lie.