



WEDNESDAY, DECEMBER 21, 2022

Freedom from Feeling Insecure Begins Here!

Key Lesson: How can we ever hope to be at peace with life when - for the most part - all we know to live for is the endless struggle to carve out a piece of it for ourselves?

Special Writing: "When You Believe in Things You Don't Understand"

https://gfmisc.s3.amazonaws.com/20221221_specialwriting.pdf

Talk Takeaways

- Every true teaching is designed to help you see that, spiritually speaking, you cannot truly do what you think you can do, ie: complete yourself.
- Everything that happens in your life is part of the purpose of your life. What is in your way is part of the Way.
- Much of our lives now involve an incessant and exhausting search for a sense of security that cannot be assailed by any condition.
- Even though you are able to give yourself just about everything that you want, if you are honest you will admit that you are still a wreck.
- Conditions always seem to threaten the security that we think we have won. Consequently we think we need to figure out how to protect it.
- "You can't take it with you." What is it that you really can't take with you? Your sense of self.

- You cannot judge another person unless there is something in you that at the same time feels as if its security is being threatened.
- You cannot separate your sense of security from the sense of self that appears with it.
- It's the desire to be secure that puts you in relationship with all of the images and objects that consciousness comes up with to convince you of what you need to possess in order to be secure.
- Fears hide themselves in desires, which is why we don't see the fear that the desire to be secure creates.
- The more attached you are to something outside of yourself that seems to provide a sense of security, the more fear there is.
- See that you carry around an idea of security that has fear built into it. The seeing itself will gradually lead to dropping it, naturally.
- See that all forms of wanting in the moment they appear are rooted in some kind of pain. Desire places our attention outside of us, which produces a temporary identity.
- Aside from practical thought, chronically thinking about what you need to do to bring order to your life IS disorder.
- A consciousness that tries to rescue itself is in conflict with itself.