



WEDNESDAY, MARCH 29, 2023

Step Off the Ferris Wheel of Endless Desires and Set Yourself Free

Key Lesson: Into every desire is baked its expiration date. To SEE this as true is the beginning of liberation.

Diagram: "The Invisible Wheel of the Opposites"

https://gfmisc.s3.amazonaws.com/20230329_diagram.pdf

Talk Takeaways

- How is it possible for a person to change from Dr. Jekyll into Mr. Hyde at the blink of an 'I.'
- The mind believes that if it can just get through the present condition, get it over with, then it won't be negative anymore.
- Humanity's consciousness hides behind the explanations and justifications that it creates in order to accomplish its agenda.
- The same consciousness that doesn't want the condition tells us what to do to fix the condition.
- Not wanting a condition only postpones the inevitable reappearance of a similar condition, because the condition cannot be separated from the consciousness that has not changed.

- Resistance is built into any desire that we are identified with.
- We will never be free of unwanted moments until we understand the root cause of the pain in them, which is a consciousness attached to an image that is threatened.
- If we are caught up in resistance, where we are relying on the resistance for guidance, then we cannot understand the resistance.
- The pain in any present moment is connected to the attachment that the consciousness has to the promise of a pleasure.
- The consciousness that is in pain cannot see its role in creating the very moment it doesn't want.
- To every action there is an equal and opposite reaction, so that any action of identifying with the movement of any thought or feeling creates what we know as "resistance."
- On the invisible Ferris Wheel of the opposites, if you love the pleasure going up, then you will hate the pain going down.
- The condition does not create the connection. The connection creates the condition.
- The only way to achieve true spiritual liberation is to see the invisible wheel of the opposites, on which you are carried from pleasure to pain, from pain back to pleasure, and so on.
- The world is the way it is because humanity's present level of consciousness is an incarnated war.
- Thought attempts to escape from what thought creates. Everything dark is born out of what thought calls light.
- You become more interested in a relationship with Truth the more that you lose interest in yourself.