



SUNDAY, JUNE 18, 2023

The Never-Ending Story of Your True Self

First Key Lesson: The real joy of a quiet mind is the realization of just how soul-stirring real life can be without having to identify with anything moving into and through it.

Second Key Lesson: What you are looking for you cannot find, but when you find that out you will realize what you've been looking for all along.

Third Key Lesson: Whatever we see speaks of its creator in a silent Word no "ear" can hear, no thought can grasp.

Talk Takeaways

- If you want to have the ending you are looking for, you are going to need a new beginning.
- Today's humanity continues to write a story for itself that it doesn't like, always hoping that the next chapter will finally satisfy.
- Understanding is simple. The ultimate understanding is that you think you have to hurt yourself, but you don't... you think you have to be afraid, but you don't.
- The only thing that is worthwhile in a human being's life is the realization that they can no longer do and be what they have been up to that point.

- The mind does not begin writing a story for itself without having already imagined the ending, which puts it into conflict with anything that gets in the way. The mind that writes the story will suffer the story that it writes.
- Unless something is true and good for everyone, it is not true and good for anyone.
- The greatest gift in this world is that we are capable of a relationship with life that, when we enter into it, reveals our infinite capacity for perfect similarity.
- People don't like silence because the stories their minds are busy writing are loud, stimulating, and familiar.
- Love is not a sensation. Love is a realization that is never-endingly refreshing itself.
- How do you enter into the story that is already there waiting for you to participate in it?... By exiting the story that your mind is writing.
- Attend to what you see in the mirror within the book of life. Catch yourself thinking, busy writing your own book.
- The more clearly you see something, the more decisive your action will be.
- We don't want other people to change because it would force us to see where we are stuck in our own story, with demands placed on ourselves and others to follow the script.
- Anything that is not the whole story is a lie. It is true that we are created to be creators, but first and much more importantly, we are creations of the Creator.
- Stay with your present understanding, but let your understanding change when you see more.
- There is natural curiosity about things to which we are drawn. But then there is being drawn to something out of a desire to acquire something for vanity's sake.