



SUNDAY, JULY 2, 2023

Learn to Use the Law of Karma to Liberate Yourself from Fear, Worry, and Doubt

First Key Lesson: Here is why it's impossible to run after, let alone come to possess real peace of mind: the same moment we set out to do so...we disturb it.

Second Key Lesson: Here is the unseen cause of the great circle of human conflict and suffering: we unconsciously resist the appearance, realization, and hence the reconciliation of (our) collective and individual karma, accordingly. In other words, argue it as we may, our unseen resistance to unwanted moments in life is the same as rejecting a celestial invitation to be reunited with the Divine.

Third Key Lesson: Nothing negative has happened to you, until you wish it wasn't happening.

Talk Takeaways

- There is nothing in the universe that can stop you from learning the truth of yourself.
- Every moment of our existence is the expression of, and the possibility of completing "our" karma. There is no such thing as bad karma.
- Our consciousness sows the seeds of its own suffering, and then sets out to resolve the very conditions that it sets into motion.

- The reaction to the moment is part of the moment, but we believe that we are the reaction, instead of letting the reaction be used for revelation as intended.
- The lesson is not that something has happened to you. The lesson is that you are part of what is happening.
- Unseen, unconscious negative reactions are the source of all psychological pain.
- The Divine never brings anything to us other than the road that we are intended to be on in this and every moment.
- Karma is perfect justice. There is a perfect justice that oversees all things.
- There is no peace outside of being a part of the ceaseless unfolding of the bigger picture.
- What is active wants to bring what is passive into something that is greater than the sum of its parts.
- We cannot participate in "what is" and at the same time be certain about what "should be."
- Conscious suffering is participating in genuine justice.
- Resistance seems to prove innocence and separation from the unwanted condition. In reality, resistance is identification and proves similarity.
- Our true nature never looks into the future to achieve something in order to be free. Our true nature is already participating in the freedom of "what is."
- Anytime we try to avoid an uncomfortable situation, we fail to see that we ARE the uncomfortable situation.
- Avoiding life lessons not only creates new karma, but ensures that our old karma will remain unjustified.

- You are not owed anything... because you have already been given everything.
- All continuous negative states indicate an incomplete understanding of the moment, born of the incomplete nature involved in it.
- Get sick and tired of trying to figure out who you are through anything outside of yourself.
- In refusing to be aware of the pain of another, you are refusing to be aware of your own pain.
- Faith is the understanding of justice, that God is good, and justice strengthens faith.
- Our familiar 'i' is separation, whereas Real 'I' is unity.