



SUNDAY, AUGUST 6, 2023

Want What Life Wants and Find the Peace that Passes All Understanding

Key Lesson 1: There is no relief from the conflict and grief born of unrealized self-ignorance, which is why it's wise to seek self-knowledge.

Key Lesson 2: The hardest thing in the world is to quietly do what life asks of you; but, if you attend to this first, Divine desire, all else is added...and you "shall not want."

Talk Takeaways

- Intellectual knowledge is not the same as understanding. Do not mistake thinking for being.
- A sudden sense of disturbance comes with the want of relief from that same disturbance.
- What we really want relief from are the unseen part of our consciousness that by its very nature has attracted the conditions that it then seeks freedom from.
- What is true refuses to live with conflict or act from weakness.
- The consciousness that judges other people believes that it is separate from what it judges.

- The so-called disturbance is life coming along and asking you to see if you really own what you think you own.
- The negative reaction to the disturbance is evidence that we walked into the moment believing that we were owed something by life.
- Life gives life in exchange for life. What do we give back to life?
- Life is not taking anything real from you. Life is trying to give you something more valuable, more real than the illusions you are asked to let go of.
- Relief from the disturbance cannot be found because it is a heavenly disturbance whose true purpose will not be denied.
- There is no end to peace because there is no end to the genuine reconciliation of every disturbance when it is understood for what it is.
- The first desire is the balancing that takes place when what is timeless meets what is in time.
- Real humanity appears when a human being cannot hurt another human being.
- The desperate search for happiness cannot take place without a part of your consciousness believing that it is owed that happiness.
- To be free means to be free of wanting. If our true nature is already in relationship with what is whole, then why want?
- We are in pain because of our certainty about what the nature of peace is.
- Leave it to love. Leaving it to love includes not going into imagination about what that means. Stand there as a witness to the entire moment, including the nature of the disturbance.
- If we make rules to live by, we will always need to make more rules when life does not obey the rules. We need Presence, not more rules.

- You cannot grow into the known. The known is the past. You grow by entering into the unknown.
- It is what we do with what we are given that will determine what we will be given next to see about ourselves.