



SUNDAY, AUGUST 27, 2023

Find Your True Spiritual Center and Let Go of Useless Stress and Struggle

Key Lesson: No one is obligated to "love thy neighbor as thyself", let alone to seek and find one's place in the Great Circle of Life; yet, "it is written" in the stars themselves: all must eventually pay for what they have done against themselves, or others. For Justice through balance is Divine Law, enforced by its tireless, unfailing love...whose final consolation is a pure heart no longer capable of inflicting pain upon another, or itself.

Special Writing: "The Unseen Sorrow of a Self-Centered Life"

https://gfmisc.s3.amazonaws.com/20230827_specialwriting.pdf

Talk Takeaways

- The only times that you get upset in your life is when your psychological routine is disrupted.
- The acronym "ERAMS" from the doctor story stands for "Everything Revolves Around Me Syndrome."
- Our addictions, whether physical or psychological, begin with the thought that the addictive routine will release us from the feeling of being unbalanced. Identification with the object of the addiction is imbalance.
- No one finds the Kingdom of Heaven who tries to escape this life.

- There is an eternal balance that is being eternally maintained. Nothing moves that everything doesn't move. The very observation of something changes what is observed.
- You are out of balance because you are trying to find a sense of balance through your own ideas about how to achieve it.
- A moment of the experience of authentic beauty is a moment in which there is no separation between the observer and the observed.
- Anything that threatens what we are identified with is the same as a threat to a valued sense of self.
- You are out of balance whenever you listen to fear tell you what to do about the moment you are in.
- "Third force blind" means that we are not aware of the presence that already exists that eternally reconciles what is out of balance.
- Your true self is the active awareness of both worlds: Heaven and Earth -- what is acting and what is being acted upon. When there is that awareness, then the "third force," which could be called love, is present.
- What we usually call "bad karma" is simply the rebalancing that happens as a result of having been out of balance. As such, there is no such thing as bad karma.
- There is psychological pain because of the default presumption that "I" am the center of all things.
- Nothing is more insensitive than a human being who believes that the world revolves around him or her. Real sensitivity is seeing how insensitive it is to be the center of my own life.
- Fear cannot be separated from psychological time, in which what is incomplete seeks to complete itself in a time to come.

- The endless attempt to find the end to a disturbance produces more endless disturbance.