



WEDNESDAY, FEBRUARY 28, 2024

This False Conclusion Ensures There Can Be No End to Our Conflict with Life

First Key Lesson: The unwanted moments that move in-and-out of our lives are like shadows that pass through a forest on a sunny day; they do not come as some blind force set against our best interests; rather, they come to help us realize what our best interests actually are.

Second Key Lesson: Any form of blame that we habitually identify with serves as an unseen confirmation, and therefore the reincarnation of that conditioned sense of self responsible for its painful reappearance.

Talk Takeaways

- Part of your spiritual work is to see that you do not know what your best interests really are.
- The conditions in life that seem to oppose us have actually appeared in order to help us realize our best interests.
- A negative reaction looks outside of itself in order figure out what condition or person should be blamed for its pain.
- The very act of blaming the condition you don't want strengthens the consciousness that created those conditions in the first place.

- You cannot explore the ocean of your inner life and at the same time throw out the anchor of blame whenever you meet something that you do not want.
- Demands sit in the dark and jumps out whenever something in life does not conform.
- The pain of blame is inseparable from unconscious identification with some equally unconscious form of expectation.
- What ingredients are needed in order to make a flame out of blame? Some of the key ingredients include certainty, justification, superiority, comparison, insistence, denial, expectation. Remove just one of these ingredients and the force of blame will begin to lose its potency.
- Every time you blame something, you will reincarnate that consciousness that will find the next condition to blame.
- Seeing the truth of blame, judgment, and comparison exposes more of the mechanical parts of you that presently work by default in the dark of yourself.
- Only fearful people want to rule. Only scared men and women turn controlling conditions into the purpose of their lives. They are slaves of the nature that wants to rule and control.
- Confusion is painful. Everything about spiritual work leads a person to more simplicity, because you gradually think less and less about what you have to do with your life.
- It is spiritual, intellectual, and emotional ignorance that is responsible for ruining this world.