



SUNDAY, MAY 12, 2024

Stop Playing a Zero-Sum Game and Start Winning a Real Life

First Key Lesson: There is no out-running any unwanted sense of self...any more than the dark shadows of a wind-swept tree in the late-afternoon sun can escape its own branches that first creates them, and then casts them out into the world.

Second Key Lesson: Your True Self is not in-between "this or that" thought, let alone the moment they define and confine, accordingly. What is Divine is creator, creations, and the fulfillment of Time itself.

Talk Takeaways

- Ying and yang are opposing characters but they live in a complementary relationship, as opposed to one pushing out and the other pushing back. They appear together constantly. Nothing I try to push away isn't pushing back as I'm doing it.
- Karma is the consistent, perfect, harmonious relationship between opposing forces.
- You can't escape any sense of unrest as long as you don't want it.
- No thought exists without its opposite. There's no concept of "up" without a corresponding concept of "down."

- No sleeping human being can ever be comfortable with who they are, save for the passing comfort of the momentary appearance of some happiness or fulfillment from their work in the world.
- There's an endless struggle to resolve this deep unrest within us. The driving force behind that unrest is the struggle to bring an end to the unrest. I don't know what to do with my disturbance other than to "not want" it. I'm in a struggle all the time that can never bring an end to my struggle.
- Wisdom is the same as wings, because when you understand something that you didn't before, you are lifted above what you didn't understand.
- We live from a level of consciousness that only knows how to imagine what it wants as the solution to what it doesn't want, and cannot see that "want/not want" is the master we serve.
- The world wouldn't be the way it is if we weren't always trying to get ahead of the person in front of us. There is no such thing as "advantage" in a world that is governed by the opposites.
- I spend my entire existence trying to get to a place where I'm not troubled by my existence
- Life is shouting: celebrate with me this beauty. In that moment is there any sense of being in-between worlds? There is just beauty and the awareness of it, which can never be separate from one another.
- What is time other than the distance between opposites; where I am and where I want to be.
- Either there is truth in a law or there is not.
- The sorrow of today doesn't exist without the identification with the joy of yesterday.
- There's no time coming when I won't be in the service of something that isn't between thoughts that's trying to reveal the futility of living there.

- Creation itself is a great disturbance in which there is a ceaseless struggle — but the struggle in creation is already done, it's resolved. Rebirth is completion of the struggle, and inseparable from it.
- The only way there will be a time without struggle is if I start struggling to understand the situation, rather than struggle to make the situation fit my understanding.
- Within us is an order of awareness that is timeless. Light is timeless.
- Time is being canceled as it is revealed it belongs in this world only, not in the Timelessness of the Divine.
- You don't enter into freedom, you realize you were never outside of it. You don't enter into a world without struggle, you enter into a world where you understand the struggle is part of your freedom.