



FRIDAY, JUNE 21, 2024

The End of All Useless Struggle with Life Starts Here

First Key Lesson: Useless resistance feeds useless suffering, even as useless suffering feeds useless resistance; but it is we who - in our ignorance of this unseen relationship - are consumed in the endless service of an unconscious nature that cares for nothing other than its own continuity.

Second Key Lesson: The unseen underbelly of all forms of painful resistance is identification: identification is resistance, and only the end of this unconscious identification can bring an end to its useless suffering.

Third Key Lesson: We have not been given this precious life in order to go through it resisting anyone - and everything - that disturbs it; rather, whatever we are given to encounter - even the most uneven steps along the way - each, and all are intended to pave the way to an increasingly conscious relationship with the Divine.

Key Question and New Action to Help You Stop and Drop Useless Suffering
https://gfmisc.s3.amazonaws.com/20240621_specialwriting.pdf

Talk Takeaways

- The harder you work, the more profitable you become. And to be "profitable" means "to ascend."

- Who do you work for? To know who it is that you work for, look at what you attend to all day long.
- You cannot separate the idea of "your" achievements from "your" fears.
- For us presently, resistance is an entirely personal force. And we get used by the resistance because we meet the resistance from the exact same part of us that always meets it. Resistance is not a personal force in its origin.
- We worry about losing things that never made us happy in the first place.
- Active, passive and reconciling forces in their origin do not have a personal self in them at all.
- Who you really are -- and what you are intended to discover within you -- is the accumulation of everything that has ever happened within human consciousness.
- Resistance reveals what lies dormant, sleeping, in this consciousness.
- There can be no identification without imagination.
- If the moment does not give you what was expected in your imagination, then there is resistance to that moment, which means that we are identified with some kind of image.
- This lower consciousness makes an enemy out of everything that does not confirm what it is identified with.
- The only way to get past negative reactions is to understand that the celestial forces that are present in the moment, including resistance, must be allowed to have their full expression within the awareness of them.
- As we are presently, we are anxiously trying to get to a place in life where there will no longer be any resistance that we have to deal with. But that place does not exist in reality, only in imagination.

- There must be a sacrifice of the self that is certain that it knows the real purpose of these celestial forces, which becomes possible when you see for yourself that that self does not know anything about them.
- The end of resistance is its completion. Everything in creation is always in a state of resisting what acts upon it. Everything in nature uses resistance to grow into its full potential.
- Use the onset of resistance as an assistant in the revelation of the consciousness that is involved. A new relationship with resistance is needed. Allow the resistance to run its full course. This is what is meant by voluntary suffering.
- Who you really are is already prepared to meet every moment that you experience.
- When you really know what something is, you do not resist it, because you know you are that thing.