



WEDNESDAY, SEPTEMBER 11, 2024

In Search of a Truth that Reveals and Releases Us from the Prison of Time

Key Lesson: Key Lesson: For anyone with ears to hear, there is but one question and one answer: will we wait patiently for a single moment of relationship with what is eternal and real? Where - by the ineffable touch of something as unknowable as it is timeless - all the moments of our life - past, present, and future - are forever changed? Otherwise, we waste the precious few moments of our life chasing the pleasure of an imagined time to come that recedes from our grasp in the same instant that we reach for it.

Talk Takeaways

- The endless stream of thought produces a ceaseless sense of self, each one as temporary as the thought. The sense of self disappears as soon as the wave that created that sense of self disappears.
- "The roaring of lions, the howling of wolves, the raging of the stormy sea, and the destructive sword, are portions of eternity too great for the eye of man. "
-- William Blake
- There is a higher order of being that is unchanging, even as everything within it changes.
- Our identity is a fabrication of time, creating a constant sense of fear that our identity will not stand the test of time.

- As the mind changes, the experience of life changes. What is really changing is our relationship with a changeless world.
- We have always had the choice to live without fear, anxiety, anger, and every other negative state.
- "I can do all things through Christ which strengtheneth me." -- Philippians 4:13, New Testament
- Within the body is a seed, and the light stirs the kernel that is intended to use the husk for growth.
- Faith is the understanding that already within you is a kingdom of perfect strength, and perfect strength is perfect peace.
- "Glory be to God who has not given to his creatures any way to attain knowledge of him except by means of their helplessness and their hopelessness of ever reaching such attainment." — Abu Bakr
- Why do you believe that, by yourself, you can illuminate yourself? Because you believe that lie, you go wherever that consciousness tells you to go in order to find what it calls "freedom."
- The lesson is here and now, or not at all.
- Your richness is your poverty. All of your plans to become rich are nothing but thieves.
- Poverty of spirit is a requirement for entrance into the Kingdom of Heaven. Entrance is granted when you die to that which keeps you out.
- When you realize that you have nothing of yourself worth keeping, you will also realize that you have already been give everything you need.
- Your level of understanding cannot be separated from the way you see life. Your understanding is your experience.

- The "past" is not something that took place in some yesterday. The past that we are trying to free ourselves from is not a question of time. The past is a consciousness trapped in time trying to change the time it is trapped in.
- Time is the divided consciousness that creates separation between the observer and the observed.