



WEDNESDAY, NOVEMBER 20, 2024

Take the Deep and Mysterious Journey that Leads to an Awakened Mind

Key Lesson #1: Whenever we kneel to the temptation of some consoling indulgence, or struggle to acquire a power to protect us from a fear...we yield to, and serve the pleasure of a darkened desire that has promised, once again, to save us from (our) pain.

Key Lesson #2: Rushing through anything is a sure sign that you neither understand what you're doing in the moment, nor the real reason why you are actually doing so.

Key Lesson #3: Just as it is impossible to understand anything about the depth, breadth, and unimaginable power of the ocean while standing on one of its wave-washed shores...so is it impossible to realize anything about the true nature of Christ's life without actually entering into its Light.

Talk Takeaways

- You do not really understand something until you understand it with all parts of yourself. The intellect alone can only go so far, and can in fact hinder understanding.
- The New Testament story of Christ being tempted is the story of yourself. It is a teaching story that is your story.

- The last thing that we want to know is that we have no power of our own, and that all power belongs to, and comes from, what is higher than ourselves.
- There is no life without what is Divine giving it life. And yet daily we are tempted to give ourselves what we think we need in order to save us.
- When we understand them, unwanted moments can be used for revelation of the parts of us that tempt us to save ourselves from those moments.
- How can you think of yourself as a productive human being when you are driven by anxiety? There is nothing productive about anxiety, save from what anxiety produces to keep its world in place.
- Unseen resistance is the root of all negative states.
- We grew up in a world that told us that successfully avoiding pain is what it means to be a productive human being.
- Our lives presently belong to the parts of us that constantly whisper to us, "If you will do this, you will get that."
- Nature and her creatures are all perfectly productive without struggling to achieve anything.
- Presently we do not see through darkness. Instead we see life through the eyes of darkness.
- The acronym "BOTM" (ie: the "bottom") stands for "Boss Of The Moment." The boss of the moment promises that if you will listen to it, then fear will come to an end.
- In the story in which Christ asked "Why hast thou forsaken me?", there was an understanding of the purpose of his condition.
- There are unwanted conditions that are unavoidable, and when you understand the purpose of those moments, you no longer want to avoid them.