



WEDNESDAY, JANUARY 21, 2026

The Practice of Being Perfected

Original Talk Date: January 18, 2017

Key Lesson: Action without knowledge is reckless at best, and is almost always dangerous to everyone involved. Knowledge without action is useless at best, and guarantees that the individual who is "inclined to recline" will remain in the realm of the sleeping intellect.

Talk Takeaways

- The acronym "RSVP" stands for "Risk Something Very Precious."
- The three most important words in an aspirant's life are "Location, Location, Location." This spiritual "location" is observation, being the witness, seeing. There is nothing more important than an individual's capacity to observe him or herself.
- Real change can only take place when you begin to understand that you cannot change yourself through any known means.
- You have a lower nature within you that is intended to be there, but that is not intended to be in charge of you in the moment of challenge.
- The next three most important words in one's spiritual work are "Practice, Practice, Practice."
- Typically we are willing to practice something only if we think we will get something good in return.

- "If most of us remain ignorant of ourselves, it is because self-knowledge is painful and we prefer the pleasures of illusion." -- Aldous Huxley
- "Only the descent into the hell of self-knowledge can pave the way to Godliness." -- Immanuel Kant
- The only reason that a person does not change is that it is more pleasurable, more comfortable to remain asleep in the realm of the intellect.
- Recognize those moments when you turn on yourself for not living up to an image. Those moments are an invitation to practice what you know.
- "But be ye doers of the word, and not hearers only, deceiving your own selves." -- New Testament -- Be someone who participates in the purpose of God's life.
- We cannot fulfill the purpose of our life unless we are in the right location to see that we have to practice. The purpose of our life is sacrifice... which is why the masses are not interested.
- The only way to achieve what you already sense is possible is through consciously meeting the limitations that you now fear.
- Somehow there must be something that brings the light that is above into what is below. That's what practice is and does.
- There is a lower nature that can only exist as it is by avoiding the light.
- When you have nothing left to give, you will have more to give the next time. Those that practice get more to practice with. Those that practice develop the understanding of the need to practice.
- Learn to put yourself in places where practice is necessary. You will know the moment when practice is necessary by the fact that almost nothing in you wants to do it.
- Ask and you will receive. Practice and you will be perfected. Practice requires meeting limitation.