



WEDNESDAY, MARCH 25, 2026

Accept the Divine Invitation to Transcend the Fear of Limitation

Original Talk Date: March 22, 2017

Key Lesson:

Part 1: Your possibilities in life for spiritual growth are as unlimited as is your willingness to consciously meet your limitations.

Part 2: Resisting the revelation of any one of your present limitations... is like resenting the ocean because you never learned how to swim!

Talk Takeaways

- The real reason that people come to want to study the higher life is that they have come to the end of what their present lives have given them. What we really want is to be free.
- The person who is free is the individual who can do what life asks him or her to do in the moment.
- Freedom is not the ability to successfully run away from a situation or to try to control it.
- Anxiety is a form of greed that tries to get everything it can in place so that it can be free from its discontented state.
- Trying to escape from a negative state is a limitation. When you try to get rid of a negative state, you are validating it.

- It would be impossible for any of us to experience a sense of limitation were it not for the presence of a greater freedom at large just beyond it.
- It is our limitation that links us to what reveals it and that lives beyond it. We do not discover what is beyond limitation through an imagined nature that we try to live up to in order to accomplish a sense of self.
- The limitation is the gateway to freedom. Unless you meet the limitation you'll never know freedom, because the limitation is freedom's invitation to discover it.
- It is impossible to hide from limitation. Our hope lies in allowing our imperfections to be revealed to us by a perfection that lives just beyond the imagined state of ourselves.
- Limitation is the evidence of something that is incomplete, of an incomplete character. But we would not be able to see a limitation if there were not a freedom above it.
- There is another order of being in which limitation and what is limitless coexist.
- Instead of resisting limitation, you can understand that the appearance of limitation is an invitation to enter into a limitless relationship with the Divine. The more apparent the limitation is, the nearer is the freedom that is showing it to you.
- If you are trying to look like something you have imagined, you are the furthest thing there is from what you are trying to look like.
- The "first resistance" happens when an individual sees a possibility and then pursues its promise. This resistance, this "second force", is both natural and necessary.
- We believe that we are someone who wants to transcend limitation. But the limitation you face cannot be separated from the nature that creates it.
- Identifying with any negative state is the same as avoiding a limitation.
- The moment of transcending a limitation happens only in the moment of maximum resistance to it, which is why people don't change. We have become comfort-seeking creatures.
- Only when a limitation is fully illuminated do we see the nature that has been blind to itself.